• Prostatic enlargement is a key factor in suggesting lower urinary tract symptoms (LUTS) in men are caused by benign prostatic hyperplasia.

• Patients want relief from their symptoms, but also to avoid long-term complications such as acute urinary retention or the need for surgery.

• Alpha-1 blockers provide rapid relief of symptoms, but do not prevent complications such as acute urinary retention in long-term.

• 5-alpha-reductase inhibitors (5-ARIs) reduce risk of long-term complications, but symptom improvement is only achieved with long-term medication >1 year.

• Combination of an alpha-1 blocker with a 5-ARI is first-line treatment in men with moderate to severe LUTS and an enlarged prostate.